

CREATING OPPORTUNITIES AND TACKLING INEQUALITIES SCRUTINY COMMITTEE	Agenda Item No. 5
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REPORT OF THE DIRECTORS OF ADULT SOCIAL SERVICES AND CHILDREN'S SERVICES

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SUPPORTING CARERS IN PETERBOROUGH

1. PURPOSE

The purpose of bringing this report before the Scrutiny Committee is to:

- Provide an overview of services to support carers in Peterborough
- Make the committee aware of the development and implementation of the Carers' Strategy
- Continue to raise the profile of carers in Peterborough
- Share how the Carers' strategy will be implemented via the strategy action plan and provide an opportunity for the Scrutiny Committee to input into this

2. RECOMMENDATIONS

The Scrutiny Committee is asked to:-

- Note that the purpose of this strategy is to provide a framework for delivering support and services that will help achieve the best possible outcomes for carers.
- To scrutinise the challenges and areas of risk including making suggestions and recommendations to assist in the implementation of the strategy and in improving support to carers.

3. LINKS TO SUSTAINABLE COMMUNITY STRATEGY AND LOCAL AREA AGREEMENT

This report is linked to the following strategies and corporate plans –

1. Strategic Health Authority's vision 'Towards the best, together'
2. Living Longer, Living Well – NHS Peterborough's 5 year strategic plan 2009-2014
3. Local Area Agreement (NI 135)
4. Sustainable Community Strategy
5. Children & Young People's Plan

This strategy also supports compliance with the Department of Health (DH) publication "Carers at the heart of 21st century families and communities: a caring system on your side, a life of your own" (DH, 2008).

4. BACKGROUND

NHS Peterborough works in partnership with Peterborough Community Services and other statutory and voluntary organisations to commission and deliver both adult social care services (on behalf of Peterborough City Council) and health services for local people. This includes the lead responsibility for assessing carers' needs and providing services to support them.

The Peterborough Carers Strategy 2009 – 2011 is seen as a framework for delivering support and services that will help achieve the best possible outcomes for carers, and has been developed following consultation with Carers, Service Users, Partner Agencies in Health and Social Care and the Voluntary Sector.

The draft strategy was then taken before the PCT board in December 2008. The Carers' Partnership Board then approved the strategy (and will also oversee its implementation). Comments received by the board and stakeholders were incorporated into the final strategy which was ratified by the PCT board on the 4th November 2009.

The table below shows the profiles of carers and service users known to NHS Peterborough in June 2009:

Carers with clients identified on RAISE - by client category and carer age band

Primary Client Category	<18	18-64	65-74	75+	Total
Physical And Sensory Disability/frailty	12	1371	385	433	2201
Physical Disability	8	639	154	161	962
Hearing Impairment	1	39	11	8	59
Visual Impairment	1	72	18	32	123
Dual Sensory Loss		10	2	6	18
Frailty and/or Temporary Illness	2	611	200	226	1039
Learning Disability		243	68	34	345
Mental Health		65	18	31	114
Other Vulnerable People		10	1	4	15
Substance Misuse		2	2	0	4
Total	12	1691	474	502	2679

5. KEY ISSUES

Scale of demographic change

By 2026, population estimates show that there will be double the number of people aged over 85 years that there are now, and the number of people aged over 100 years will have quadrupled¹ According to the recently published adult social care green paper, 'around two in every three women and one in every two men can expect to have a high care need at some point during their retirement'. This situation will therefore place a high caring burden on unpaid carers in Peterborough. It should be noted of the carers known to Adult Social Care currently, that a moderately high proportion of these carers are aged 65 years and over (36.4% of carers are age 65 and over/5% are age 85 and over). This may prove to be a significant factor in the coming years in relation to the number of carers that can be expected locally and who will need support from health and social care.

Identification of carers by social services and primary care

The 2001 Census identified that nearly 15,000 people in Peterborough viewed themselves as carers, with 3000 were caring for more than 50 hours per week. Nearly 480 children aged 0 – 18 were noted as providing care. However, in June 2009, only 2679 carers (adult and young carers) were identified on RAISE and 477 were known to GP Practices.

The carers' strategy has set achievable targets to increase these numbers year on year (by 10%), with a review of progress made by 2014. However, progress against this target may be hindered by the fact that not all carers see themselves as carers, or wish to be known as carers

¹ Government Actuary's Department, 2007. Figures included in Shaping the Future of Care together Green Paper

to social services. Some families also do not wish to admit that their children are providing primary carer roles and some communities simply do not engage with social services.

In recognising that there will always be some carers who choose not to become known to social services, the carers strategy has therefore planned new and innovative avenues of communication to be developed such as linking into public transport to promote carer services and information at bus stations.

Diverse Populations

There is a need to identify carers in black and minority ethnic (BME) communities and other hard to reach groups and offer them appropriate support. Current recording of ethnic monitoring is not universally completed on RAISE, but it is clear from the monitoring information that is held, that carers from these groups are not currently accessing services, nor do they generally participate in bi-annual events or attend the carers' partnership board meetings. The current action plan has detailed pieces of work planned to address this however.

Data quality

There are data quality issues currently with how carers are identified on RAISE for reporting and information purposes. There are specific actions planned to remedy this challenge included in the strategy.

Young carers

Young Carers are children and young people (under 18) who provide or intended to provide a substantial amount of care on a regular basis” They include young carers of parents dependent on drugs and alcohol, parents with mental health issues, parents with HIV/Aids and parent with a disability. All these children and young people deserve a childhood. One of the key aspects of the Anglia Ruskin report which looked at Young Carers in Peterborough in 2008 identified the need to raise awareness of the needs of young carers amongst the children's and adult services workforce. This includes the early identification of young carers and the development of a training programme for staff.

At present Young Carers are supported through the Young Carers project delivered through PCVS, the Cosmic Project for children with parents with drug issues delivered through Bridgegate and support service delivered through Drinksense.

6. IMPLICATIONS

The following implications are city wide.

Finance

Integrated budgets make it more difficult to unpick historical carer spends and quantify the total spend on carers' support. Some spend benefits both the carer and the cared for. Some additional funding is available for carers' breaks through adult social services however there may well be an impact of reducing public sector finance on carers' services during the strategy period.

Unmet Need

Through our analysis of the current position of services and through consultation and discussion with Carers we have identified areas where we currently do not provide services but where there is a need to do so. As carers have a right to a Direct Payment in their own right, this may provide an excellent opportunity to further develop services which directly benefit carers and are provided by a range of independent sector providers as well as Peterborough Community Services and Cambridgeshire and Peterborough Mental Health Foundation Trust.

Carers' assessments

In 2008-09 66% of the known carers (1774/2679) were assessed or reviewed. This figure is up from 1366 in 2006/07. Of those assessed, all carers received services and/or information and advice as an outcome (up from 24% on 2006/07 who received services as an outcome). As the carers' strategy successfully identifies more carers and undertakes more carers' assessments, there will be corresponding demand for more support services and resources. This may put pressure on existing services, and the budgets that support these services, and they will require active management to prevent over performance.

The project plan for children with disabilities has identified carers' assessments as a key area. A model for carers' assessments has been piloted by the Childrens Integrated Disabilities Service (CIDS) over the past 12 months and is currently under review. A proposal for departmental implementation will be developed by the Service Manager for the Integrated Children With Disabilities Service.

Market Development

The market in Peterborough for carer services is fairly limited. Provision is dominated by statutory bodies and a small number of third sector providers. In order to develop our range of services and opportunities we will need to grow the market extensively through, for example, approved provider lists. At present the limited provider range limits the growth of Direct Payments and Personalised Budgets as well as innovative services and elements of the choice agenda.

Young carers

Children's Service in partnership with the Young Carers Project are in the process of reviewing the specialist support available to young carers. At the same time, steps are being taken to ensure that young carers can access universal services through closer link with the Young People's Service. In addition, in 2010/2011, schools will have additional funding to support children and young people who are financially disadvantaged including young carers to access after-school and holiday activity.

7. CONSULTATION

Stakeholder consultation on the strategy was carried out during September and October 2008 during the initial development of the strategy. NHS Peterborough maintains excellent lines of communication with carers via the Carers Partnership Board and bi-annual carers' events. Both fora ensure that carers are kept abreast of progress made on the carers' strategy, and they are regularly given the opportunity to advise and provide input into the task and finish groups which are instigated to deliver various work streams arising from the strategy.

8. EXPECTED OUTCOMES

It is hoped that the Committee will support the delivery of this strategy by continuing to raise the profile of carers at every opportunity.

The expected outcomes which will be delivered via the strategy are wide ranging and will make a real difference to the lives of carers living in Peterborough. Improving the carers' experience in accessing information and services, by delivering more flexible short breaks and increasing the provision of emotional and practical support services will ensure a positive impact on carer lives, while the increase the provision of services will mean carers have access to culturally, age and lifestyle appropriate services to meet their needs.

9. NEXT STEPS

Member may wish to have an annual update on the progress and impact being made by the strategy.

10. BACKGROUND DOCUMENTS

The following reports have been referred to when preparing this report -

- *Peterborough Carers Strategy 2009 – 2011*
- *Shaping the Future of Care Together*

11. APPENDICES

Peterborough Carers Strategy 2009-2011- Appendix 1
Carer action plan- Appendix 2

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